



PROJECT REPORT | 1960

# Zambia Planning Meeting

8-9 November 2007 • Workshop Report

Chilima, D.



# **Zambia Planning Meeting 8-9 November 2007**

## **Workshop report**

Chilima, D.M.

*Fisheries and HIV/AIDS in Africa: Investing in Sustainable Solutions*



This report was produced under the Regional Programme “*Fisheries and HIV/AIDS in Africa: Investing in Sustainable Solutions*” by the WorldFish Center and the Food and Agriculture Organization of the United Nations (FAO), with financial assistance from the Swedish International Development Cooperation Agency (Sida) and the Norwegian Ministry of Foreign Affairs.

This publication should be cited as:

Chilima, D.M. (2007). Zambia Planning Meeting, 8-9 November 2007, Workshop Report. Regional Programme Fisheries and HIV/AIDS in Africa: Investing in Sustainable Solutions. The WorldFish Center. Project Report 1960.

Author's affiliation:

D.M. Chilima: The WorldFish Center Zambia.

Cover design: Vizual Solution

© 2009 The WorldFish Center

All rights reserved. This publication may be reproduced in whole or in part for educational or non-profit purposes without permission of, but with acknowledgment to the author(s) and The WorldFish Center. This publication may not be reproduced for profit or other commercial purposes without prior written permission from The WorldFish Center. To obtain permission, contact the Business Development and Communications Division at [worldfishcenter@cgiar.org](mailto:worldfishcenter@cgiar.org)

## TABLE OF CONTENTS

List of Acronyms and Abbreviations.....	iii
Introduction .....	1
Background .....	1
Workshop Objectives .....	1
Expected Outputs .....	1
Workshop Participants .....	2
Workshop Programme .....	2
Workshop Outputs .....	2
Annex 1: List of Workshop Participants .....	3
Annex 2: Workshop Programme .....	5
Annex 3: Overall Workplan for Zambia 2007 – 2010 .....	6
Annex 4: Gantt Chart for Zambia for 2008 .....	9

## **LIST OF ACRONYMS AND ABBREVIATIONS**

AIDS	Acquired Immune Deficiency Syndrome
COMESA	Common Market for Eastern and Southern Africa
DOF	Department of Fisheries
FAO	Food and Agriculture Organisation
HIV	Human Immuno-deficiency Virus
INESOR	Institute of Economic and Social Research
MoH	Ministry of Health
NAC	National AIDS Commission
NGO	Non Governmental Organisation
NZP+	Network of Zambia People Living with HIV/AIDS
RENEWAL	Regional Network on HIV/AIDS, Rural Livelihood and Food Security Programme
SADC	Southern Africa Development Community
SIDA	Swedish International Development Cooperation Agency

## **INTRODUCTION**

### **Background**

The “Fisheries and HIV/AIDS – Investing in Sustainable Solutions” is a regional project. The Project is being implemented in 8 countries in East and Southern Africa as well as West and Central Africa. The Project is financed by the Swedish International Development Cooperation Agency (SIDA) and the Norwegian Ministry of Foreign Affairs through their joint Regional Programme on HIV/AIDS in Africa from April 2007 to March 2010.

The Project is managed by the WorldFish Center and the FAO. The WorldFish Center is the responsible agency for East and Southern Africa as well as overall coordination. The Center will implement their activities through national and sub-regional partners.

In Zambia, the main project site is Kafue flats although a fish market chain will be followed through to Lusaka.

The Department of Fisheries (DOF) and National AIDS Council (NAC) are the main stakeholders who will utilize the results of the research to influence policy. Research institutions and NGOs will implement the research and pilot interventions in the designated project sites.

Not only will the outcomes of the research feed back to the communities, but will also be part of the regional programme to influence regional policies on fisheries and HIV/AIDS.

The workshop was held at Chrismar Hotel in Lusaka from 8 – 9<sup>th</sup> November, 2007.

### **Workshop Objectives**

The objectives of the workshop were to:

- Create a shared understanding of programme objectives and processes
- Develop an understanding of the technical programme focus and approaches (value chain, gender, pilot project, action research)
- Agree on national programme outputs and targets, building on contributions by components, partners
- Develop work plans and budget for the national component

### **Expected Outputs**

- National work plans agreed upon
  - Overall work plan for project duration (up to March 2010)
  - Detailed work plan to end of December, 2008 (monthly)
  - Clear roles and tasks assigned to WorldFish Center and collaborators
- Individual contracts drafted with collaborators, management and reporting procedures fully understood by all parties
- Next steps for finalizing contracts agreed in detail, and date for signature set.

### **Workshop Participants**

The workshop was attended by 11 participants drawn from DOF, NAC, fishing communities, University of Zambia (Institute of Economic and Social Research and Nutrition), RENEWAL, National Food and Nutrition Commission, the WorldFish Center and NGOs (Agrovision and ZAMACTION). The list of the workshop participants is presented in Annex 1.

### **Workshop Programme**

The workshop involved presentations from WorldFish Center on the overall regional programme by the Regional Coordinator (see Annex 5) and proposed national areas of focus by the National Coordinator (see Annex 6). This was followed by plenary discussions as well as group work. Group work focused on development of work plans and budgets for the entire project period followed by detailed work plans and budgets for 2008 (see Annex 2 for the workshop programme)

Proposed areas of focused are outlined below:

- Understanding bye-laws and how they can be utilized to reduce vulnerability to HIV/AIDS
- Stakeholder analysis
- Nutrition
  - Fish and their nutritive value
  - Fish processing and marketing
  - Household nutrition survey focusing on anthropometry and dietary assessment (consumption patterns and contribution of fish to the overall diets)
- Migration and mobility: considering the mobile nature of the fishing population and traders, this will cover issues on how HIV/AIDS can be tackled within this context.

During plenary, participants agreed to include gender issues in the research project which was a bit silent. In addition, pilot interventions were to be piloted after conducting research in various sites which could be assessed for impact at a later stage.

The Workplace/Private Sector Specialist from NAC also presented a paper on the National Strategic Plan for 2006 to guide both the research and the interventions.

### **Workshop Outputs**

The workshop outputs were costed, work plans for the four research streams and detailed 2008 work plans and budgets for the research streams (Annexes 3 and 4). The workshop participants agreed on which institutions should take the lead for the different research streams and therefore act as Lead Collaborators for specific research stream or activity. Further discussions were held with the Lead Collaborators and draft memoranda of agreements were circulated for comments.

### ANNEX 1: LIST OF WORKSHOP PARTICIPANTS

Name	Position	Organisation	Address
Ms Florence Maimbo	Executive Director	Agrovision Social Research and Health Promotion Kafue and Lower Zambezi Fishing Camps	Tel: 0977 848 225 0955 958 979 e-mail: <a href="mailto:AGROV2000C@yahoo.com">AGROV2000C@yahoo.com</a>
Ms Gladys MK Ngoma	Work Place/ Private Sector Specialist	National AIDS Council	Plot 315, Independence Avenue, Woodlands, Lusaka Tel: 0977 857 814 0211 255 044 Fax: 0211 253 881 e-mail: <a href="mailto:gngoma@nacsec.org.zm">gngoma@nacsec.org.zm</a>
Mr Chama Mwaba	HIV/AIDS Coordinator	Department of Fisheries	P.O. Box 350100, Chilanga Tel: 0211 278 418 0977 582 217 e-mail: <a href="mailto:chamamwaba@yahoo.co.uk">chamamwaba@yahoo.co.uk</a>
Mr Charles Samende	Assistant Fisheries Technician	Department of Fisheries	P.O. Box 350100, Chilanga Tel: 0211 278 418 0977 199 790
Mr Ward Siamusantu	Head, Research and Planning Unit	National Food and Nutrition Commission	P.O. Box 32669, Lusaka Tel: +260 211 227 803/236 819 Fax+260 211 221 426 e-mail: <a href="mailto:wsiamusantu@yahoo.com">wsiamusantu@yahoo.com</a>
Petan Hamazakaza	RENEWAL National Coordinator	Renewal	c/o Zambia Agricultural Research Institute, Modipapa Research Station, P.O. Box 630090, Choma Tel: +260 213 225 713 0955 837 571 e-mail: <a href="mailto:fcdp@zamnet.zm">fcdp@zamnet.zm</a> <a href="mailto:hamazakazap@yahoo.com">hamazakazap@yahoo.com</a>



Name	Position	Organisation	Address
Phillimon Ndubani	Senior Research Fellow/Lecturer	Institute of Economic and Social Research, University of Zambia	P.O. Box 30900, Lusaka Tel: 0211 295 055 0966 264 780 Fax: 0211 294 291 e-mail: <a href="mailto:pndubani@yahoo.co.uk">pndubani@yahoo.co.uk</a>
<b>Name</b>	<b>Position</b>	<b>Organisation</b>	<b>Address</b>
Gavin B Silwamba	Executive Director	Zambian Action for HIV/AIDS (ZAMACTION)	P.O. Box 37309, Lusaka Tel: +260 211 256 475 0977 744 280/0955835083 e-mail: <a href="mailto:zamaction@zamnet.zm">zamaction@zamnet.zm</a> <a href="mailto:drgavinsilwamba@yahoo.com">drgavinsilwamba@yahoo.com</a>
Dr Drinah Banda Nyirenda	Senior Lecturer/Researcher and Consultant in Nutrition	Department Of Animal Science University of Zambia	P.O. Box 32379, Lusaka Tel: 0977 809 404 (c) 0211 295 422 (o) 0211 265 519 (h) e-mail: <a href="mailto:bandanyirenda@yahoo.com">bandanyirenda@yahoo.com</a>
Dr Isaac Malasha	National Coordinator	WorldFish Center	2 Dunduza Chisidza Crescent, P.O. Box 51289, Lusaka Tel: 0211 257 939/40 0979 900 579 Fax: 0211 257 941 e-mail: <a href="mailto:i.malasha@cgiar.org">i.malasha@cgiar.org</a>
Dr Dorothy Chilima	Regional Coordinator	WorldFish Center	2 Dunduza Chisidza Crescent, P.O. Box 51289, Lusaka Tel: 0211 257 939/40 0978 770 824 Fax: 0211 257 941 e-mail: <a href="mailto:d.chilima@cgiar.org">d.chilima@cgiar.org</a>

## ANNEX 2: WORKSHOP PROGRAMME

# Fisheries and HIV/AIDS in Africa

A regional research-for development program by the WorldFish Center and the FAO

Zambia National Planning Meeting  
November 8 - 9, 2007

<b>Day 1 November 8, 2007</b>		
0830-0845	Registration of participants	WorldFish Center
0845-0900	Welcome remarks and Self-introductions	WorldFish Center
0900-0910	Workshop objectives	WorldFish Center
0910-0915	Opening remarks	Director of Fisheries
0915-0945	Summary presentation of the overall regional programme	WorldFish Center
0945-1000	Discussion	WorldFish Center
<b>1000-1030</b>	<b>Tea/Coffee break</b>	
1030-1045	Generic Research streams	WorldFish Center
1045-1115	Prioritizing national component	WorldFish Center
1115-1300	Group work – Workplan up to March 2010	Working groups
<b>1300-1400</b>	<b>Lunch</b>	
1400-1500	Presentation of group work	DOF
1500-1515	Overview of programme work plan up to Dec 2008	WorldFish Center
1515-1600	Group work - Detailed Work planning up to December 2008	Working groups
<b>1600-1630</b>	<b>Tea/Coffee break</b>	
1630-1700	Group work - Detailed Work planning up to December 2008	Working groups
<b>Day 2 - November 9, 2007</b>		
0830-0900	Recap of day 1	WorldFish Center
0900-1000	Presentation of Work plans	Unza
<b>1000-1030</b>	<b>Tea/Coffee break</b>	
1030-1100	Programme management, contractual issues	Group work
1100-1200	Plenary discussion	WorldFish Center
<b>1200 - 1300</b>	Wrap up and Official workshop closing	NAC/ WorldFish Center
<b>1300-1400</b>	<b>Lunch</b>	
1400 - 1700	Discussion with Collaborators	WorldFish Center

**ANNEX 3: OVERALL WORKPLAN FOR ZAMBIA 2007 – 2010**

<b>Research Stream</b>	<b>Activity</b>	<b>Time Frame</b>	<b>Collaborators</b>	<b>Stakeholders</b>	<b>Estimated cost (US \$)</b>
<b>Mobility and migration</b>	Desktop Review: Study on the demography, health and nutrition situation of area of study	March 2008	University of Zambia (INESOR) RENEWAL	DOF, NAC, MoH Fish Traders Associations, National Farmers Union, Network of Zambian People Living with HIV and AIDS (NZP+) Local leadership FAO, ZAWA	3,000
	Migration patterns and how this affects access to health services categories of migrants (gender, age and place of origin)	April – July 2008	University of Zambia (INESOR) RENEWAL	DOF, NAC, MoH Fish Traders Associations, ZAWA	11,000
	Feedback and dissemination	Aug – Sept 2008	University of Zambia (INESOR) RENEWAL	DOF, NAC, MoH	2,000
	Desk study (HIV prevalence, analysis of secondary and raw data (for Namwala area)	Jan 2008	WorldFish - Consultant	DOF, NAC, MoH	3,000
	Sensitisation of fisherfolk	September – October 2008	Agro-vision Department of Fisheries	DOF, Fish Traders Associations Processors and Transporters Local leadership FAO, ZAWA	2,000
	Pilot intervention (peer education)	Nov 2008 – April 2009	ZAMACTION (Zambia Action on HIV/AIDS)	DOF, Fish Traders Associations Processors and Transporters Local leadership FAO, ZAWA	15,000
	Impact assessment	June – July 2009	University of Zambia (INESOR) RENEWAL	DOF, Fish Traders Associations Processors and Transporters Local leadership FAO, ZAWA	5,000

Research Stream	Activity	Time Frame	Collaborators	Stakeholders	Estimated cost (US \$)
<b>Fish Market chains</b>	<b>Survey:</b> Analysis of marketing chains from study area -Type of products, prices and stakeholders -Different categories of traders in the marketing chain -Business relations among fish traders -implementation of a pilot project for fish traders Livelihood analysis Household vulnerability assessment Knowledge, Attitude and Practices	April – July 2008	University of Zambia (INESOR) RENEWAL	DOF, COMESA FAO, Fish Traders Associations, Processors and Transporters, Local leadership, NAC, MoH,	15,000
	Sexual networking analysis (Review secondary information) vulnerability to HIV/AIDS, Access to HIV/AIDS information	April – July 2008	University of Zambia (INESOR) RENEWAL		8,000
	Sensitisation of fisherfolk on fishing practices	Sept – Oct 2008	DOF, <b>Agro-vision</b>		2,000
	Household Nutrition surveys (Dietary survey and nutritional status) Contribution of fish to diets – including seasonal variation	May – Aug 2008 Dec 2008 – Feb 2009	University of Zambia, Food and Nutrition Commission	COMESA, MoH SADC, FAO DOF, Ministry of Agriculture, NAC	10,000 10,000
<b>Nutrition Impact</b>	Nutrient Analysis of fish (including fish processing techniques)	March – July 2009	University of Zambia, Food and Nutrition Commission	Nkhwazi Manufacturers, Ice Plants, Network of Zambian People Living with HIV and AIDS (NZP+)	19,000
	Dissemination of nutrition information	September 2009	University of Zambia, Food and Nutrition Commission		2,000

<b>Research Stream</b>	<b>Activity</b>	<b>Time Frame</b>	<b>Collaborators</b>	<b>Stakeholders</b>	<b>Estimated cost (US \$)</b>
<b>Institutional change</b>	Improvement of bylaws (gender analysis) -Current Status of the bye-laws in the 3 districts -Facilitate institutional process -Analyse the institutional process and identify bottlenecks and capacity -Facilitate stakeholders to improve the process of adopting bye-laws (meetings with councilors) -Synthesize findings and facilitate uptake within government and other stakeholders	2008	WorldFish	DOF, Fisherfolk, Local leaders	10,000 2,000
	HIV/AIDS external mainstreaming				
	Stakeholder/Institutional and Policy analysis	January – Feb 2010	University of Zambia (INESOR) RENEWAL	DOF, Fish Traders Associations, Network of Zambian People Living with HIV and AIDS (NZIP+) FAO, Processors and Transporters Local leadership NAC, MoH	4,000
	Policy briefs	Jan – Feb 2010	University of Zambia (INESOR) RENEWAL	DOF, WorldFish Center	1,000
	Stakeholders Consensus meeting	January 2010	WorldFish, DOF	DOF, Fish Traders Associations, (NZIP+), FAO, Processors and Transporters Local leadership NAC, MoH	4,000

**ANNEX 4: GANTT CHART FOR ZAMBIA FOR 2008**

Activity	Lead Collaborator	Time Frame	Cost	JANUARY TO DECEMBER, 2008											
				Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<b>Mobility and migration</b>															
<b>Desk Review</b> , Study on the demography, health and nutrition situation of the study area	Unza - INESOR	March, 2008	3,000												
Migration patterns and how this affects access to health services; categories of migrants (gender, age and place of origin)	Unza - INESOR	April – July 2008	11,000												
Feedback and dissemination	Unza - INESOR	Aug – Sept 2008	2,000												
Desk study (HIV prevalence, analysis of secondary and raw data (for Namwala area)	WorldFish	Jan-08	3,000												
Sensitisation of fisherfolk	Agrovision	Sept – Oct 2008	2,000												
Pilot intervention (peer education)	Zamaction	Nov 2008 – April 2009	15,000												
<b>Fish Market Chains</b>															
<b>Survey:</b> Analysis of marketing chains from study area -Type of products, prices and stakeholders -Different categories of traders in the marketing chain; -Business relations among fish traders -implementation of a pilot project for fish traders Livelihood analysis Household vulnerability assessment Knowledge, Attitude and Practices	Unza - INESOR	April – July 2008	8,000												
Sexual networking analysis (Review secondary information) vulnerability to HIV/AIDS, Access to HIV/AIDS information	Unza - INESOR	April – July 2008	2,000												
Sensitisation of fisherfolk on fishing practices	Agro-vision	Sept – Oct 2008	2,000												
<b>Nutrition Impact</b>															
Household Nutrition surveys (Dietary survey and nutritional status) Contribution of fish to diets – including seasonal variation	May – Aug, 2008; Dec, 2008 - Feb, 2009	Unza - Nutrition	10,000 10,000												

				JANUARY TO DECEMBER, 2008											
Activity	Lead Collaborator	Time Frame	Cost	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<b>Institutional change</b>															
Improvement of bylaws (gender analysis) -Current Status of the bye-laws in the 3 districts -Facilitate institutional process -Analyse the institutional process and identify bottlenecks and capacity -Facilitate stakeholders to improve the process of adopting bye-laws (meetings with councilors) -Synthesize findings and facilitate uptake within government and other stakeholders	Jan - Dec, 2008	WorldFish	10,000												