FISH A global superfood

Minerals

Essential fatty acids

Vitamins



Hidden hunger A Global Problem

2 BILLION

1 MILLION

Micronutrient deficiencies are often caused by not eating a diverse diet including animal source foods like fish and meat and can lead to:





A Nutritious Solution



A Case Study:

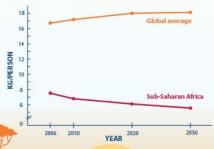
AFRICA

In sub-Saharan Africa, where rates of micronutrient deficiencies are high, per capita fish consumption is low and continues to decline.





Fish consumption of Sub-Saharan Africa and the global average



WorldFish